



A bestselling author and international speaker, Tim Miles has spent a lifetime studying people and the way they think, act, and view the world.

As Founder & CEO of Miles & Company, Tim Miles helps family businesses across the US and Canada communicate more powerfully.

Their successful work with hundreds of these companies over the past 20 years has helped subsidize Miles & Company's mission to speak to, and work with, more than a thousand nonprofits across the world.

To quote John Prine, he's "a young man from a small town with a very large imagination," and he hopes you enjoy this book.

Two roads diverged in a yellow wood,
And sorry I could not travel both
And be one traveler, long I stood
And looked down one as far as I could
To where it bent in the undergrowth;

Then took the other, as just as fair,
And having perhaps the better claim,
Because it was grassy and wanted wear;
Though as for that the passing there
Had worn them really about the same,

And both that morning equally lay
In leaves no step had trodden black.
Oh, I kept the first for another day!
Yet knowing how way leads on to way,
I doubted if I should ever come back.

I shall be telling this with a sigh
Somewhere ages and ages hence:
Two roads diverged in a wood, and I—
I took the one less traveled by,
And that has made all the difference.

The Road Not Taken

ROBERT FROST

"The Road Not Taken" from the book THE POETRY OF ROBERT FROST. Edited by Edward Connery Lathem. Copyright ©1969 by Henry Holt and Co.

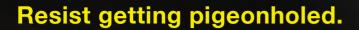


Find someone who will tell you the truth.

FIND

I'm not saying affirmation is bad. It's great. It's just not very hard to find. As you get more successful using this magical power of creativity, more people will start to treat you like a wizard. You're not. Don't believe your own press or their hype. A bunch of awards don't mean you're a genius. Find people you can trust to tell you the truth about your work and about your life. Hang on to them. They're infinitely more valuable than money.





RESIST

If you're not careful, you can get comfortable being known for one particular skill or trait. I say "fight it." Just when you're starting to get comfortable using one tool or skill, pivot onto another. Keep growing. There's magic out on the skinny end of the branch.

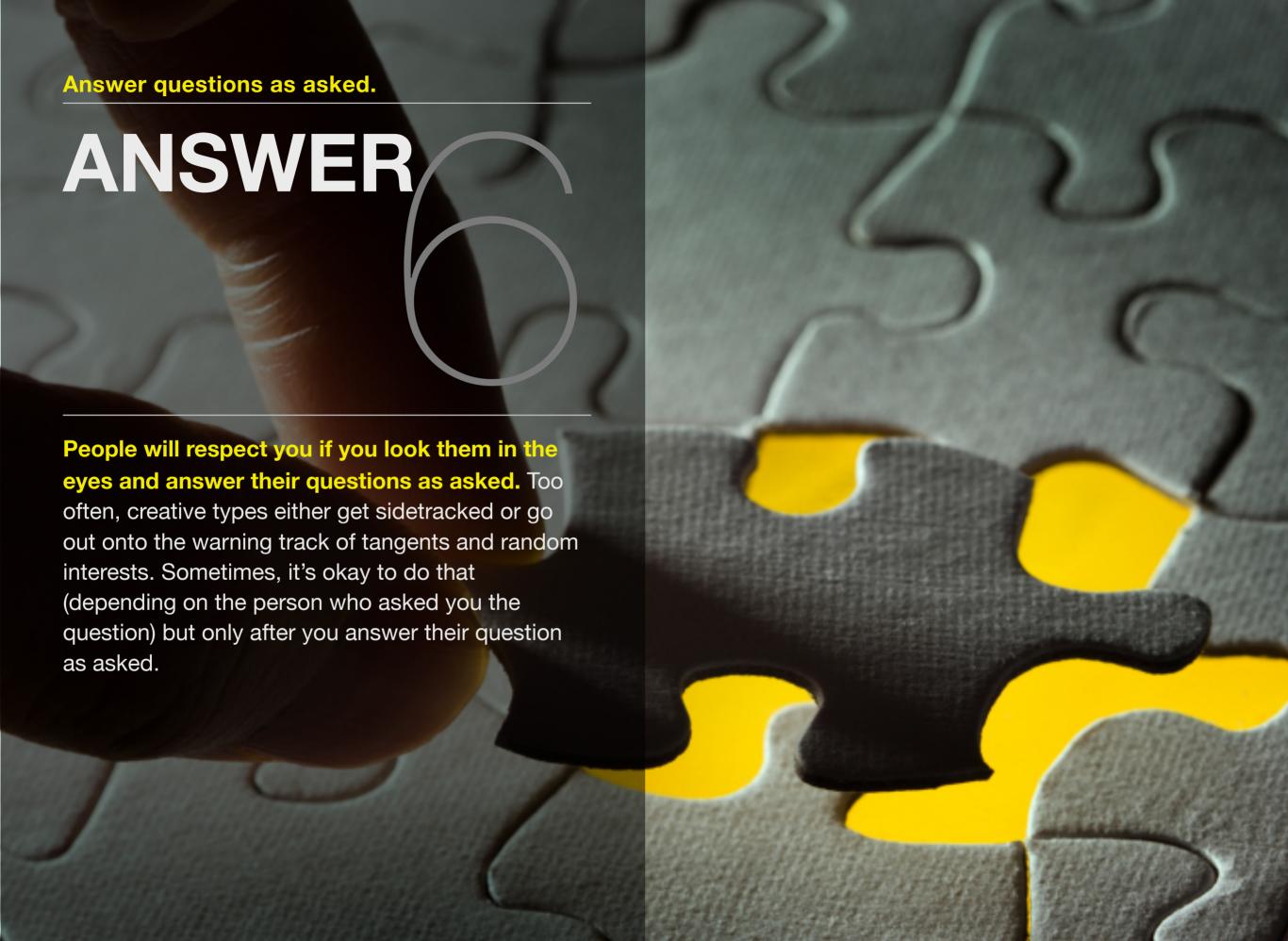
Figure your cost of staying power.

FIGURE

Always know the number you need to make each month to pay your bills and have a little bit of fun money. Knowing and respecting that number is your key to freedom. Strive to keep that number as low as possible so you can take more risks in your life and in your work.







Understand the differences in psychological type.

UNDERSTAND

Not everyone thinks, acts, and sees the world like you. It's one thing to say it, and it's another thing to truly believe it. Once I learned we're all hard-wired to prefer different styles of communication, my eyes were opened. Read Keirsey's *Please Understand Me*, and you'll understand, uh, me... and yourself... and everyone you know.

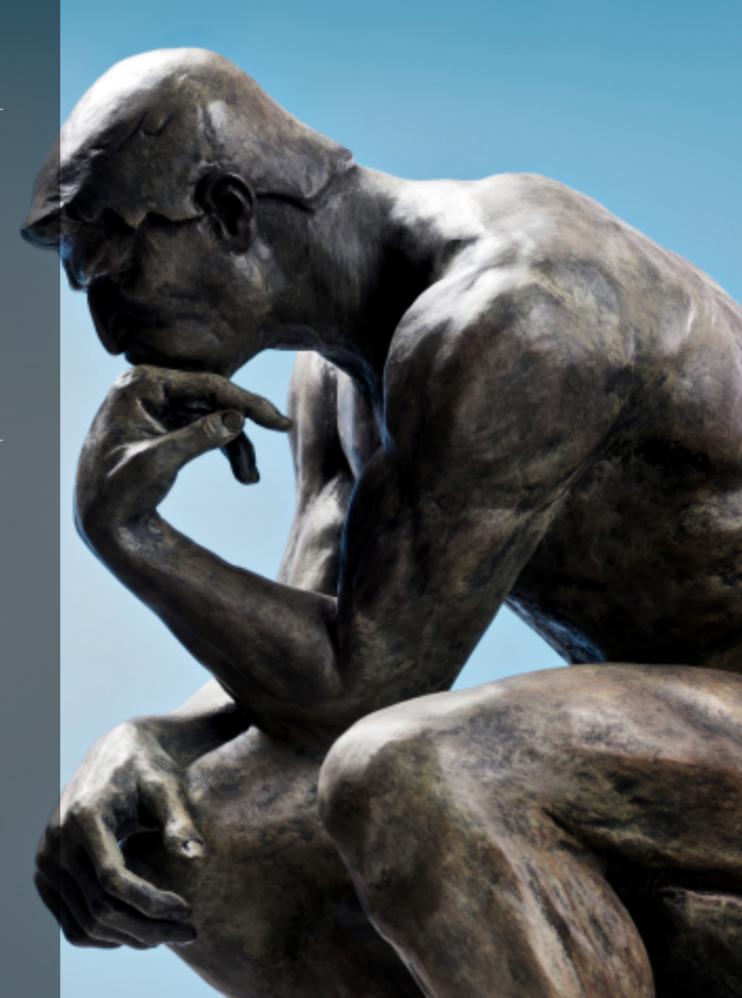


Practice your critical thinking skills.

PRACTICE (

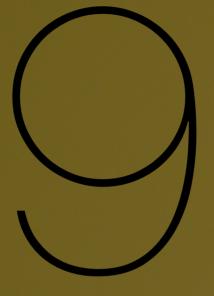
You think something's awesome? Great! Why?

You think something sucks? Okay. Why? I have no problem with your opinion as long as you can articulate it. Train your critical thinking muscles by being aware when some stimulus makes you feel something. Practice being able to say why you feel the way you do.

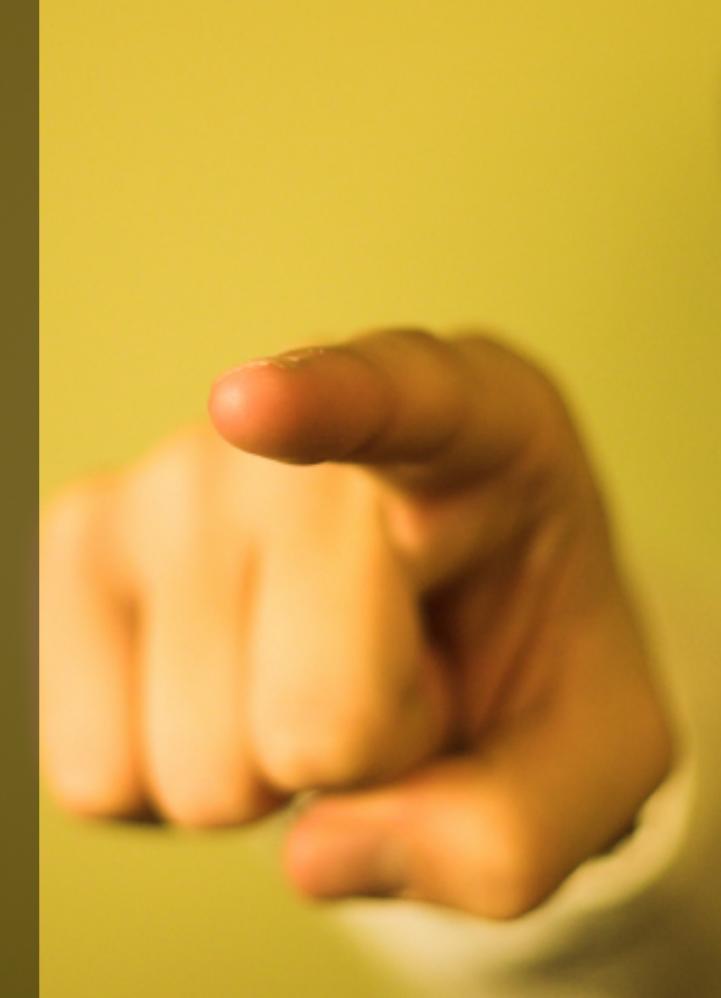


Point out what people do well.

POINT



Yes, number eight is important, but watch how often you're being critically negative... especially publicly. No one's ever accused someone of being too kind or thoughtful. Look for opportunities to genuinely compliment others. They'll remember you for it. Everyone will remember you for it.



Know the law of attraction.

KNOW

If you use your creative powers to make stuff, know that what attracts also repels. It's the dull middling work that gets ignored. Don't let the haters get you down. Remember Teddy's advice: It's not the critic who counts.

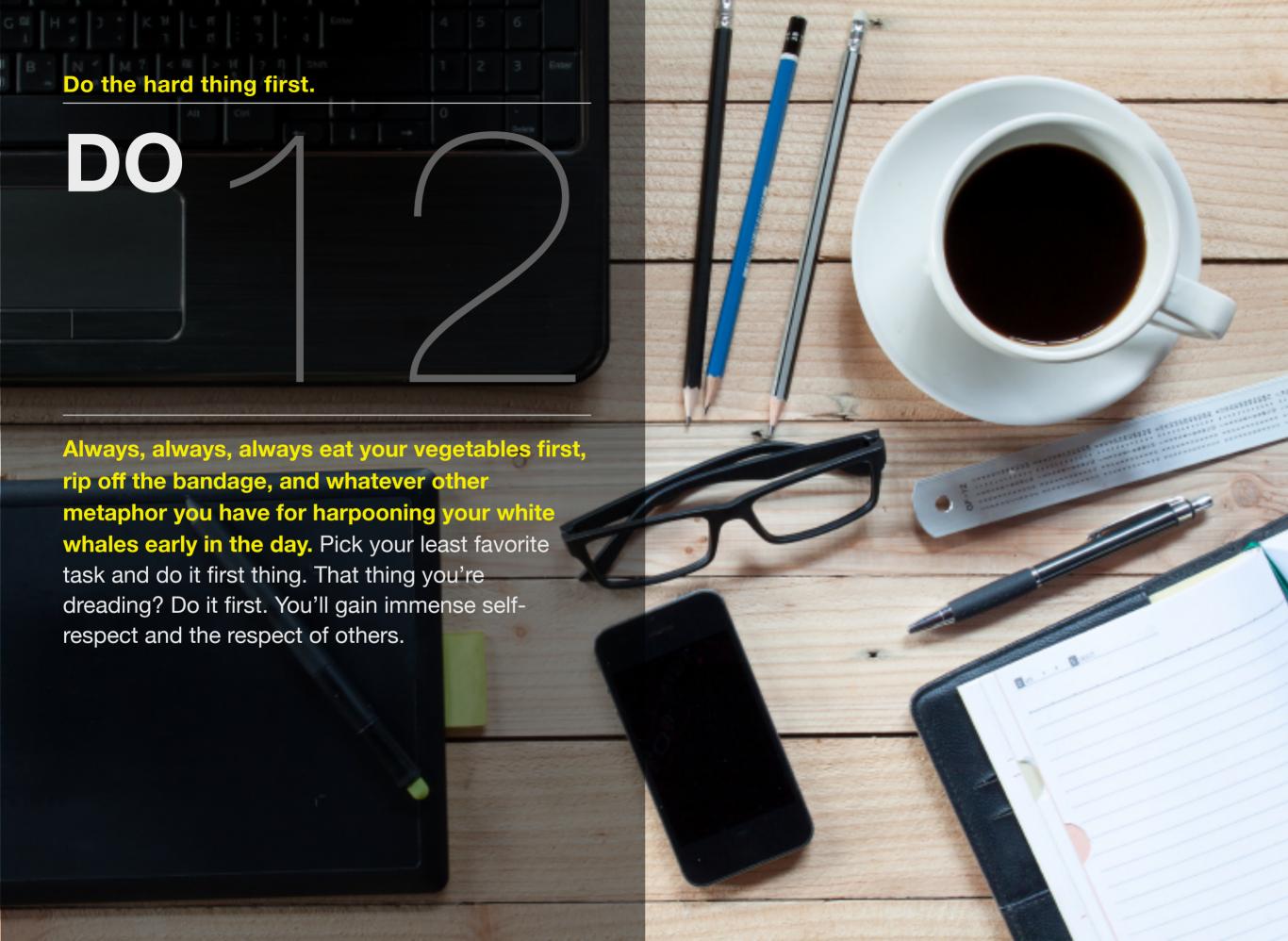




SURROUND

Complementary, as in "pairs well with," not "says lots of nice stuff to you." I've learned that people who are profoundly good in some areas of their life are profoundly bad in others. If you live over in the depths of your right brain, you need people in your work and in your life who live in the left. Be wary of spending too much time with people just like you, and for heaven's sake, make sure you don't work with only them.





GIVE

In this age of rapid distraction, is there anything more valuable than another person's complete attention? Attention is a muscle you can strengthen and develop. Practice actively listening and making eye contact with others. Like doing the hard thing first, you'll gain tremendous self-respect and the respect of others.







Introduce people to each other.

INTRODUCE

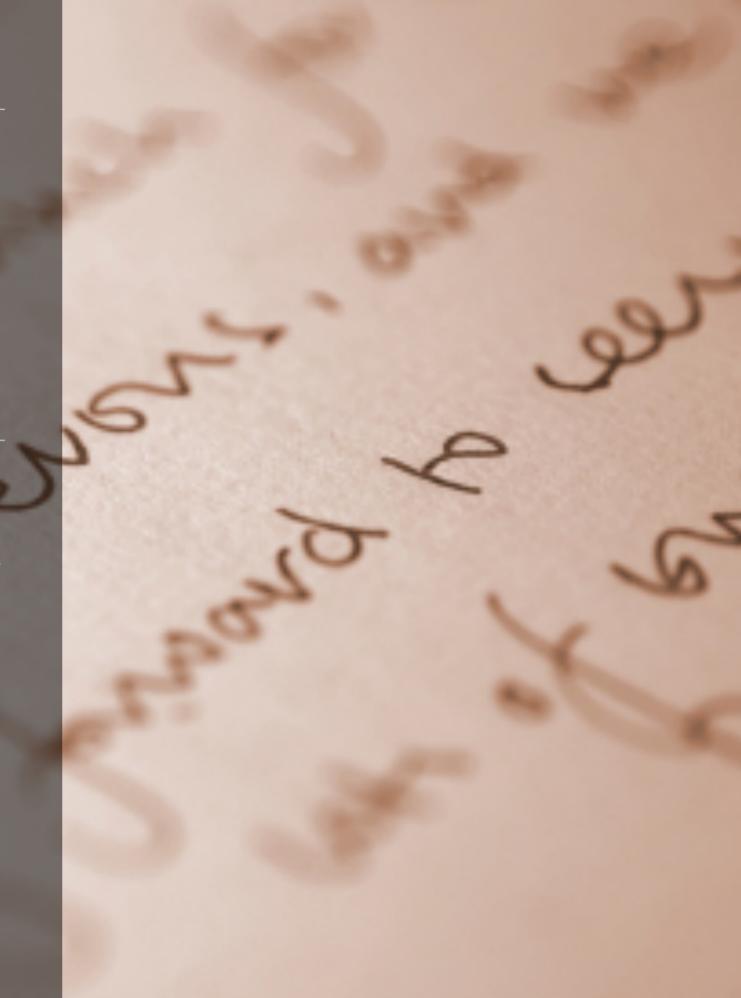
Be a connector. There's real equity in being the only bridge between two great people. It's tremendously satisfying, and in this age of interconnected social media, it's never been easier.

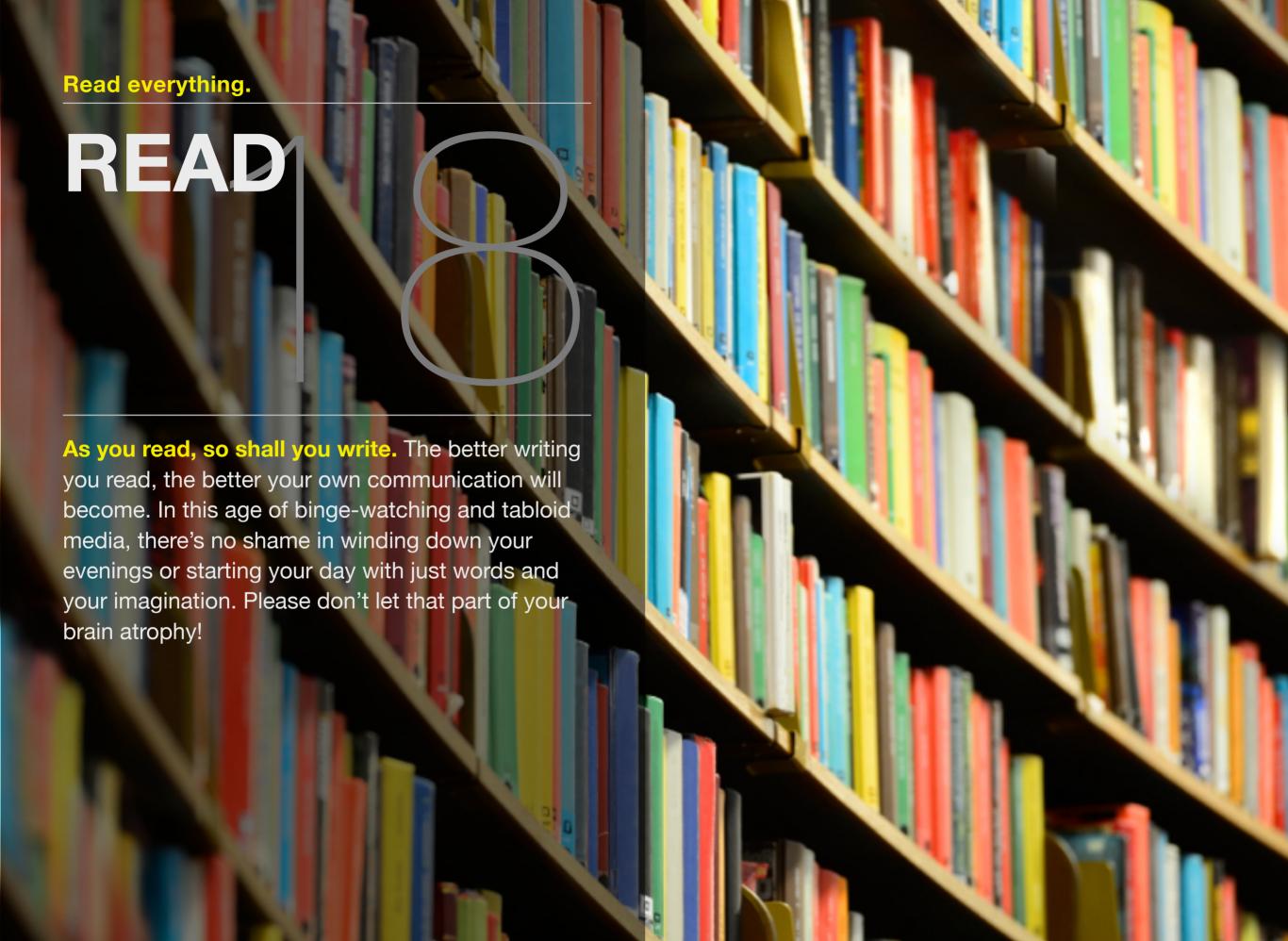


Write one handwritten note to someone every week.

WRITE

Just because communication is easier than ever, it doesn't mean you should limit yourself to tap-tap-tapping. Follow our late, great Grandma June's advice and hand-write and hand-address one letter to someone every week. It'll change your life.





Volunteer for a nonprofit.

VOLUNTEER

When you're younger, you'll notice you have more time than money. Invest some of this time to not only develop your creative crafts, but also to make a difference in the lives of people who really need it. As you get older, it gets harder to make this time. It's not impossible, but it is harder. While you're young, and while you have the time, go make a difference. Lend your time and talents to the difference makers.



Invest to your career.



I've done this for twenty years. Take a portion of your paycheck and invest it into making yourself better at your craft. Do it every week. If you're not growing, you're dying. The choice is yours.



Show gratitude.



Our parents taught us this, and Lynn, John, and I made it a habit that we've passed onto our children. No one's ever said, "Man, she is waaaay too polite." At least, no one you want to spend time with...



